



Welcome to the Hulett Fitness Team

In-Person Pricing Breakdown

Customized Workouts

Achieve your goals with tailored evidence-backed programs designed just for you.

Focused Attention

Benefit from the undivided attention of your trainer, ensuring optimal form and safety.

Wellness Guidance

Receive expert advice on nutrition and lifestyle to complement your fitness routine.

Accountability

Regular sessions with your trainer keep you consistent and on track.

1

1 Month Commitment

Personal training on a short term commitment. This is ideal for individuals with short term goals or who are new to personal training.

4/Month = R1,500.00

12/Month = R3,900.00

8/Month = R2,800.00

20/Month = R4,500.00

3 Month Commitment

Personal training on a longer term agreement. This is ideal for individuals hoping to make a lasting impact on their health and fitness journey. Lower prices.

4/Month = R1,300.00

12/Month = R3,300.00

8/Month = R2,400.00

20/Month = R4,000.00

2



Discount With Group

- 2 people

- 20% / person

- 3 people

- 30% / person

- 4+ people

- 40% / person

How Do I Choose A Package?

Determining the number of personal training sessions to purchase can vary depending on individual goals, fitness level, and budget. I offer personalized consultations to help individuals make informed decisions. During these consultations I will assess each client's fitness needs, discuss their goals, and create a tailored training plan alongside nutrition coaching throughout. Factors such as frequency of training, desired results, and availability are carefully considered to recommend an appropriate number of sessions. Whether you're looking to kickstart your fitness journey or fine-tune your existing routine, I am here to guide you every step of the way. With flexible session packages available, individuals can choose the option that best fits their schedule and commitment level, ensuring a rewarding and effective training experience.



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